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**Daily Study Plan- Indian History and Art & Culture.**

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| **Class**  | **Class Instruction** **2 Hours**  | **Reference Material** |
| **Class 1** | **Orientation – Syllabus – Books – Strategy – Introduction**  |  |
| **Class 2**  | **-Sources of history****-Pre and Proto history** | **Old NCERT 11th****Standard: Ancient History****Chapter 4 and 5****Pages – 19 to 32** |
| **Class 3** | **Indus Valley Civilization** | **Old NCERT 11thh Standard: Ancient History****Chapter 6****Pages – 33-45** |
| **Class 4** | **Aryans and Vedic Period** | **Old NCERT 11thh Standard: Ancient History****Chapter 7 and 8****Pages – 45 to 59** |
| **Class 5** | **Jainism and Buddhism** | **Old NCERT 11thh Standard: Ancient History****Chapter 9**  **Pages – 60 to 68** |
| **Class 6** | **Mahajanapadas and Mauryan Empire** | **Old NCERT 11thh Standard: Ancient History****Chapter – 10****Pages -69 to 75****Chapter – 13 and 14****Pages –86 to 101**  |
| **Class 7** | **Post Mauryan empire – Sakas, Kushans etc** | **Old NCERT 11thh Standard: Ancient History****Chapter –15 and 16****Pages -102 to 119** |
| **Class 8**  | **Sangam Age** | **Old NCERT 11thh Standard: Ancient History****Chapter 17 and 18****Pages – 120 to 133** |
| **Class 9** | **Guptas**  | **Old NCERT 11thh Standard: Ancient History****Chapter –19, 20 and 21****Pages –134 to 152** |
| **Class 10** | **Harsha and Overview** | **Old NCERT 11thh Standard: Ancient History****Chapter 22,23 and 24****Pages- 153 to 167****Old NCERT 11thh Standard: Medieval India****Chapters 1 and 2****Pages 1-19** |
| **Class 11** |  **Delhi Sultanates** | **Old NCERT 11thh Standard: Medieval India****Chapters 3,7 and 8****Pages 20-31****Pages 60-88** |
| **Class 12** | **Delhi Sultanates II** | **Old NCERT 11thh Standard: Medieval India****Chapters – 10,11 and 12****Pages 98 - 118** |
| **Class 13** | **Bhakthi Movement and Vijayanagara Empire**  | **Old NCERT 11thh Standard: Medieval India****Chapters 9****Pages 89 –97****Chapters –12****Pages 118-128** |
| **Class 14** | **Mughal Empire**  | **Old NCERT 11thh Standard: Medieval India****Chapters 13,14 and 15****Pages –129-169** |
| **Class 15** | **Mughal Empire consolidation and Shivaji** | **Old NCERT 11th Standard: Medieval India****Chapters 16,17 and 18****Pages –117-207** |
| **Class 16** | **Decline of Mughal empire** **Early British Settlements** | **Old NCERT 12th Standard: Modern India****Chapter 1****Pages 1-17 (overview)****Chapters 3 and 4****Pages 47-87** |
| **Class 17** | **Economic and administrative policies of Britishers** | **Old NCERT 12th Standard: Modern India****Chapters 5 and 6** **Pages 88-123** |
| **Class 18** | **The revolt 1857** | **Old NCERT 12th Standard: Modern India****Chapters 8****Pages 133 -150** |
| **Class 19** | **Nationalist Movement**  | **Old NCERT 12th Standard: Modern India****Chapters 12 and 14** **Pages 196-214****Pages 235 –260**  |
| **Class 20** | **Social Reform Movements**  | **Old NCERT 12th Standard: Modern India****Chapters 7** **Pages – 124-132** |
| **Class 21** | **Social Reform Movements II** | **Old NCERT 12th Standard: Modern India****Chapters 13****Pages –215- 234** |
| **Class 22** | **Gandhi – Swaraj movements** **Rowlett and Non-Cooperation Movement** | **Old NCERT 12th Standard: Modern India****Chapters 15****Pages 261- 279****NCERT Class 12th Standard:****Themes in Indian History Part 1****Part 3 Theme 13** |
| **Class 23** |  **Civil Disobedience Movement and others** | **NCERT Class 12th Standard:****Themes in Indian History Part 1****Part 3 Theme 13** |
| **Class 24** | **After Round Table Conference and Independence struggle** | **Old NCERT 12th Standard: Modern India Chapters 15****Pages 295-310** |
| **Class 25** | **Indian Independence – Extremist Movements**  | **Tamil Nadu History book - 12th Standard** **Unit –16** **Pages –158-176** |
| **Class 26** | **Understanding Partition**  | **New NCERT 12th standard: History Theme III****Chapter 5****Pages –376 - 395** |
| **Class 27** | **British India - Policies Overview**  | **New NCERT 12th standard: History Theme III****Chapter 3****Pages –316-345** |
| **Class 28** | **Framing the New Constitution**  | **New NCERT 12th standard: History Theme III****Chapter 6****Pages –406-429** |
| **Class 29** | **India after Independence**  | **Tamil Nadu History book - 12th Standard** **Unit –20****Pages –206-222** |
| **Class 30** | **Overview of the total Modern India – British Rule in India**  | **All NCERT’s Summary** **+ Spectrum + Tamil Nadu History Textbooks Summary** |